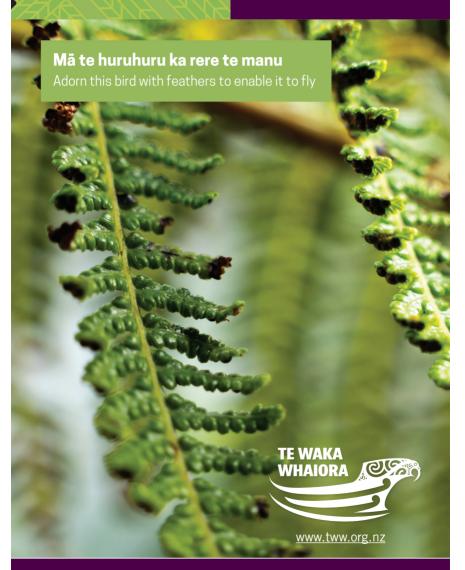
# Kereru Hauora

Primary Health early intervention for tangata with mild to moderate substance related issues.



**KAUPAPA MĀORI** 

Kereru Hauora is a culturally responsive and accessible AOD service for tangata experiencing mild to moderate drug and alcohol issues.

If you'd like to be referred to our service please korero with your Doctor or Health Improvement Practitioner. Self and whānau referrals accepted.

**Contact information** 

P: 0800 826 428
E: info@tww.org.nz
W: tww.org.nz

# **NGĀ TAHA**

We support with the following;



## Hinengaro

- Alcohol and other drug counsellor
- Referrals to support networks, social services and specialist mental health and addiction services



#### Whānau

- Group and/or individual support
- Whānau Ora approach which is whānau-centred



#### **Tinana**

- Physical health
- Engage in group activities
- Integrated approaches to engagement
- Peer Support
- Eating well
- Sleeping well
- Longer term goals



#### Wairua

 A recovery and wellbeing focus underpinned by Māori or Pacific cultural frameworks



#### Whenua

Environmental



### Te Reo

Cultural assessments

## Your rights

The code of Health and Disability of Consumer Rights applies to all health services. Kaitautoko will provide you with information about your rights while accessing Te Waka Whaiora Trust services.

If you feel you have been disrespected in any way you can take your concerns to the Pou Arahi or make a complaint to either of the following:

Health and Disability Commissioner

Wellington Advocate (04) 389 2502



#### Find us at:

Level 3 1 Walton Leigh Avenue Porirua City Centre