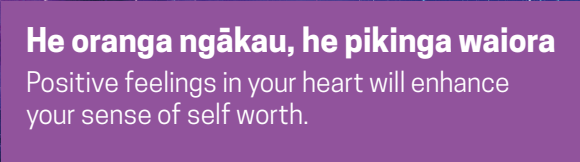


A decorative pattern in shades of purple and blue, featuring intricate Māori motifs such as koru (unfurling fern fronds) and geometric shapes.

Ngā Kaihoe Whakaterere

Navigation Services

Kaupapa Māori Mental Health
community support services
to assist you to actively
participate in your community.

A solid purple rectangular box containing text.

He oranga ngākau, he pikinga waiora

Positive feelings in your heart will enhance
your sense of self worth.



www.twww.org.nz

KAUPAPA MĀORI

Ngā Kaihoe Whakaterere weaves together tangata motuhake, their whānau and Kaitautoko to build on their goals and aspirations.

Referrals for Ngā Kaihoe Whakaterere are through Community Teams, other services, whānau or self referral.

Contact information P: 0800 826 428
E: info@tww.org.nz
W: tww.org.nz

NGĀ TAHA

We support with the following:



Hinengaro

- Clinical appointments
- Medication
- Referral to drug and alcohol service



Whānau

- Community connections
- Whānau connections
- Group activities
- Ko wai au
- Encouraging
- Independence



Tinana

- Social engagement
- Activities
- GP
- Cleaning routine



Wairua

- Being Māori
- Te Tiriti o Waitangi
- Safe spaces, safe places



Whenua

- Environmental



Te Reo

- Cultural assessments

**Kotahi tātou ka haere,
kotahi te ngākau,
kotahi te hinengaro,
kotahi te reo**

–

**United we take our
journey, one heart,
one mind, one voice**

Your rights

The code of Health and Disability of Consumer Rights applies to all health services. Kaitautoko will provide you with information about your rights while accessing Te Waka Whaiora Trust services.

If you feel you have been disrespected in any way you can take your concerns to the Pou Arahi or make a complaint to either of the following:

**Health and Disability
Commissioner**
0800 112 233

Wellington Advocate
(04) 389 2502



Find us at;

Level 3
1 Walton Leigh Avenue
Porirua City Centre

AWHI MAI, AWHI ATU