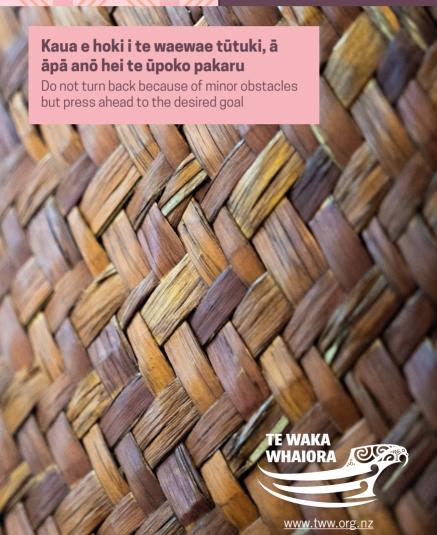


Ngā Kete Aronui

Kaupapa Māori Primary Mental Health and Addiction Support.



KAUPAPA MĀORI

Ngā Kete Aronui service provides treatment and therapy to those experiencing mild to moderate mental health and addiction issues.

If you'd like to be referred to our service please korero with your Doctor or Health Improvement Practitioner. Self and whānau referrals accepted.

Contact information

P: 0800 826 428 E: info@tww.org.nz W: tww.org.nz

NGĀ TAHA

We support with the following;



Hinengaro

- Counselling individual, whānau or group sessions
- Talking therapies
- Access to networks, social services and specialist mental health and addiction services
- Te Tuakiri o te Tangata
 korero and pūrākau



Whānau

- Whānau therapy
- Building positive relationships with whānau

Tinana

- Taiao/Hakinakina
- Mirimiri (therapeutic massage)



- Peer Support
- Eating and sleeping well
- Longer term goals



Wairua

- Spiritual
- Rongoā traditional rongoā knowledge
- Karakia



Whenua

Environmental



Te Reo

Cultural assessments

Your rights

The code of Health and Disability of Consumer Rights applies to all health services. Kaitautoko will provide you with information about you rights while accessing Te Waka Whaiora Trust services

If you feel you have been disrespected in any way you can take your concerns to the Pou Arahi or make a complaint to either of the following:

Health and Disability Commissioner 0800 112 233

Wellington Advocate (04) 389 2502



Find us at:

Level 3

1 Walton Leigh Avenue Porirua City Centre