

# Te Whare Tautoko

Home Based  
Support Service

Kaupapa Māori Mental Health & Addiction home based support services for tangata motuhake in the Wellington region.

**Kāhore taku toa i te toa takitahi,  
he toa takitini**

We cannot succeed without the support  
of those around us



[www.tww.org.nz](http://www.tww.org.nz)

**KAUPAPA MĀORI**

**Te Whare Tautoko supports tangata motuhake in their home with a range of services. Kaitautoko are available to assist with the services outlined below and more.**

Referral is from Te Whatu Ora Services, internal referrals.

**Contact information**    **P:** 0800 826 428  
**E:** [info@tww.org.nz](mailto:info@tww.org.nz)  
**W:** [tww.org.nz](http://tww.org.nz)

## NGĀ TAHA

We support with the following:



### Hinengaro

- Medication support



### Whānau

- Connecting to family and community



### Tinana

- Exercise healthy eating  
Cleaning routine



### Wairua

- Safe spaces, safe places and budgeting

### We are about empowering:

- Education
- Encouraging Independence
- Tino Rangatiratanga
- Whanaungatanga
- Code of rights
- Advocacy for motuhake and their whānau



### Whenua

- Environmental



### Te Reo

- Cultural assessments

**Kotahi tātou ka haere,  
kotahi te ngākau,  
kotahi te hinengaro,  
kotahi te reo**

**United we take our  
journey, one heart,  
one mind, one voice**

## Your rights

The code of Health and Disability of Consumer Rights applies to all health services. Kaitautoko will provide you with information about your rights while accessing Te Waka Whaiora Trust services.

If you feel you have been disrespected in any way you can take your concerns to the Pou Arahi or make a complaint to either of the following:

**Health and Disability  
Commissioner**  
0800 112 233

**Wellington Advocate**  
(04) 389 2502



## Find us at;

Level 3  
1 Walton Leigh Avenue  
Porirua City Centre

**AWHI MAI, AWHI ATU**